

# DR. SVEINN BJORNSSON



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When you walk through the door of my office, you will have my undivided attention and service. You will feel like the only person in the world. I will listen to you, both to what you say and what you do not say. I think you will feel valued, and, when you leave, I know you will be on your way to a healthier you.

My life's journey has readied me to serve people and to assist them in enjoying life at its highest potential, pain free. Being an athlete and a sports lover, I have had the opportunity to work on many athletes: baseball players, basketball players, CrossFit athletes, and soccer players—all with great results! But not just hard-charging athletes: also, adult and adolescent patients suffering from neck, back, pelvic, shoulder, elbow, wrist, and hip pain. After analyzing x-rays to locate possible sources of difficulties and to rule out fractures or diseases as sources of problems, I explain my diagnosis to patients, respond to their questions and concerns, and prescribe treatments. Then I observe and note patient reactions to evaluate progress and adjust treatment accordingly.

If you allow me to work with you, I promise that you will always get my best.

What drives me each day is an unshakable vision and purpose to help people? When I was 18, I suffered through a terrible back injury. After going from one physician to another, I found that no one really gave me a chance or even really listened to me. Finally, after seeing a chiropractor who listened, I was finally able to start my healing process and two years later I was pain free. This journey opened my eyes and gave me purpose. I want to be the doctor who listens to you and makes you feel valued and empowered. My "why" is to help you reclaim your health and your dreams.

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## Education

### Doctor of Chiropractic

Life University | Marietta, Georgia, United States  
Graduated Magna Cum Laude  
Recipient of a Wellness Award  
Captain of Life University Golf Club

### Bachelor of Science | Biology

Life University | Marietta, Georgia, United States

### High School Diploma | Business

Commercial School of Iceland | Reykjavik, Iceland

## Certifications

Certified in Applied Kinesiology  
Certified in Instrument-Assisted Soft Tissue Mobilization  
Certified in Functional Movement Screening (FMS)  
Certified in Kinesiology Taping  
Certified in CPR

## Skills

|                                   |                               |
|-----------------------------------|-------------------------------|
| Practitioner of Holistic Medicine | Reflexology                   |
| Chiropractic Adjustments          | Compassionate Wellness        |
| Cupping Therapy                   | Nutrition Guidance            |
| Soft-tissue Modalities            | Back and Neck Pain Specialist |

## Personal Trainer

I instruct patients about proper hygiene, nutrition, exercise, lifestyle changes, and ergonomic factors in their daily activities.

## CrossFit Athlete

I have been a CrossFit athlete for 5 years now. From CrossFit, I have learned so much, both about the human potential and the kindness we should have toward one another.

## Golf Instructor

In Iceland, I worked as a golf instructor, responsible for teaching 20 - 30 children each day as well as assisting with classes for adults.

## Interests

CrossFit, Golf, Hiking, Friends and Family, Soccer, Basketball, and Reading